

DEI

What is Diversity?

❖ The presence of differences includes but is not limited to race, gender, religion, sexual orientation, ethnicity, nationality, socioeconomic status, language, (dis)ability, age, religious commitment, or political perspective.

What is Equity?

❖ Providing resources for those with various circumstances to have equal opportunities.

What is Inclusion?

❖ Making others from all backgrounds feel safe and have their voices heard.

DECEMBER

Universal Human Rights Month

❖ December is Universal Human Rights Month, which promotes the protection of human rights for all. It also includes a number of other diversity-related observances, including:

- World AIDS Day: December 1
- International Day for the Abolition of Slavery: December 2 ➤ International Day of Persons with Disabilities: December 3 ➤ Human Rights Day: December 10
- Bill of Rights Day: December 15
- Kwanzaa: December 26
- Wounded Knee Day: December 29

- Find information and resources at this
- Heritage and Identity Celebrations

Other events

❖ Finals Week (December 16 - December 20)

➤ Finals week can be very stressful for any student, so if you are struggling or

feel that you need some helpful, positive reminders please visit the links below for some great resources and tips

- Finals Fun Activities in the IMU
- Well-Being at Uiowa
- Mental Health at Uiowa
- Counseling Services

GENERAL RESOURCES

Links

- ❖ BMINDFUL website
 - ❖ UIOWA DEI Instagram
 - ❖ University of Iowa DEI Website ❖ DEI Events on Campus
 - ❖ UBio department DEI website ❖ Basic Needs and Support
 - ❖ Land Acknowledgment
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- ❖ Student Disability Services
- ❖ Mental Health
- ❖ Student Wellness
- ❖ Pomerantz Career Center: Inclusion at Work ❖ 1stGen@Iowa Resources
- ❖ Tutor Iowa
- ❖ Gender Pronouns
- ❖ Journey to Unity Events

Department of Biology Lending Library

- ❖ In the main office (143 BB)

If you have any comments, concerns, or critiques feel free to email me at

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***Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact Rafaella Guimaraes at rafaella-guimaraes@uiowa.edu if this relates to BIO events and/or if you need help navigating this process**